



Grace Mennonite Church

January 28, 2024

Vol. 63 No. 4

Order of Service

Welcome and Life of the Congregation

Land Acknowledgement

Mountain of God VT #11

Call to Worship

Great Is Thy Faithfulness VT #419

Come, Thou Fount VT #563

Contemplative Prayer – Be Still

Children's Feature

(Children ages 3 to grade 4 may leave for Children's Church)

Congregational Prayer & Offering

Lord, You've Searched Me VT #609

[Mark 5:21-34](#)

Minnny-apple-sauce, Dating Apps, & Tyranny

Be at Rest VT #532

Benediction

Sunday January 28th, 2024

9:00 am - Sisters of Grace

All women are invited to a time of reading, sharing, and prayer together. Whether you're able to come once in a while or regularly, we hope to grow in our relationships with each other and with God.

Middle School and High School students are welcome to join Mark and Joy downstairs to set up for the AGM lunch before the worship service starts.



We will be at **Woodhaven** from 9:30-10:00 to bring the worship service there. If you are willing to come sing or provide instrumental accompaniment as part of this morning, your presence shall be warmly welcomed.

10:00 am – Worship Service

Children's Church for ages 3 to Grade 4 will be held during the service. You may pick up your children ages 3 to Grade 4 following the worship service from the upper level classrooms. All children are welcome to return to the sanctuary to watch a movie during the AGM. "Loose childcare will be provided."

Livestream will be available between 10-11 am.

Audio recording can be accessed on the church website after the service.

11:15 am – Annual General Meeting

Everyone is welcome. Lunch will be served.

Please bring your device or print a copy of the reports at home to reference during the meeting.

Worship Leader	Jenn Kulpa
Worship Speaker	Kyle Penner
Ushers	Doug Kathler, Sarah Neufeld
Musicians	Ron Dick, Shara Dueck David Graham, Leroy Penner, Kristy Rempel
Children's Feature	Gryphon Dyck, Kyle Penner
Children's Church	Garth Allan, Marian Hiebert Ange Neufeld, Melvin Toews
Technicians	Matt Boese, Joe Dueck

We Pray Together

We pray for those in our community who use the resources that help with their lives on a daily basis:

Agape House, Soups On, Southeast Helping Hands, Today House, Steinbach Community Outreach, Steinbach Family Resource Centre.

Prayer for the week: I open to the love and presence of God and the healing action and grace within.

Prayer for the world: We pray for an end to violence and hatred around the world.

This Week at Grace ❖ Jan. 29th– Feb. 2nd, 2024

Monday	Soup's On – Lunch Program preparation @ 9 am
Tuesday	Soup's On – Dining in the lower auditorium, 5 – 6:15pm
Wednesday	Middle School Youth – 7 – 8:30 pm @ church
Thursday	Private Event – foyer is reserved 9 – 11 am Private Event – Sanctuary is reserved 5 - 10 pm High School Youth – 7:30 – 9 pm @ church
Friday	Soup's On – Dining in the lower auditorium, 5 – 6:15pm

Upcoming Events

Sunday, February 4th, 2024

Please read [Mark 6:1-29](#)

Our guest speaker will be Josiah Neufeld, part of the MCM Climate Action Working Group, and author of The Temple at the End of the Universe: A Search for Spirituality in the Anthropocene.

Little Bits of Grace - If you are a parent or caregiver of young children, we'd love to hang out with you and your kiddos. Join us from 10 am – 12 noon, on **February 7th** at church. You'll find a place to talk, listen, commiserate, and encourage. As a bonus, we also provide other adults, coffee and snacks!

You're invited to Church Camp! **March 1-3** at Camp Assiniboia. \$150/adult, and kids 0-17 are free! "Saturday only" day trippers are welcome too! There's info in your mailboxes (with some extras in the back for those without mailboxes). Talk to Kyle Penner, Tamara Rempel, Shara Dueck or Kristy Rempel for more info.

Spiritual teacher Mary Mrozowski (1926–1993) composed and first taught what is now called the Welcoming Prayer. The Welcoming Prayer helps us find serenity through surrender in the midst of messy, ordinary moments. When feeling triggered or caught by something unpleasant, begin by simply *being present to your feeling*, experiencing it not just mentally, but also emotionally and physically. Don't try to rationalize or explain the feeling, but witness and give attention to this sensation. Welcome the *feeling*, speaking aloud, if you can: "Welcome, [anger, fear, hunger, longing, etc.]." Repeat this as many times as you need to truly sense yourself embracing and receiving the feeling. Some people pray the Welcoming Prayer regularly—even daily is probably not too much! - as taught by Richard Rohr

Welcoming Prayer

Welcome, welcome, welcome.
I welcome everything that comes to me today
because I know it's for my healing.
I welcome all thoughts, feelings, emotions, persons,
situations, and conditions.
I let go of my desire for power and control.
I let go of my desire for affection, esteem, approval, and pleasure.
I let go of my desire for survival and security.
I let go of my desire to change any situation,
condition, person, or myself.
I open to the love and presence of God
and God's action within. Amen

Giving to Grace Mennonite Church

To support Grace, point your smartphone camera at this QR code or visit: gracesteinbach.ca/donation/



2023 Charitable Tax Donation receipts will be placed in your church mailboxes by February 28, 2024.

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Office Hours: Tuesday – Friday 9:00 am – 1:00 pm
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